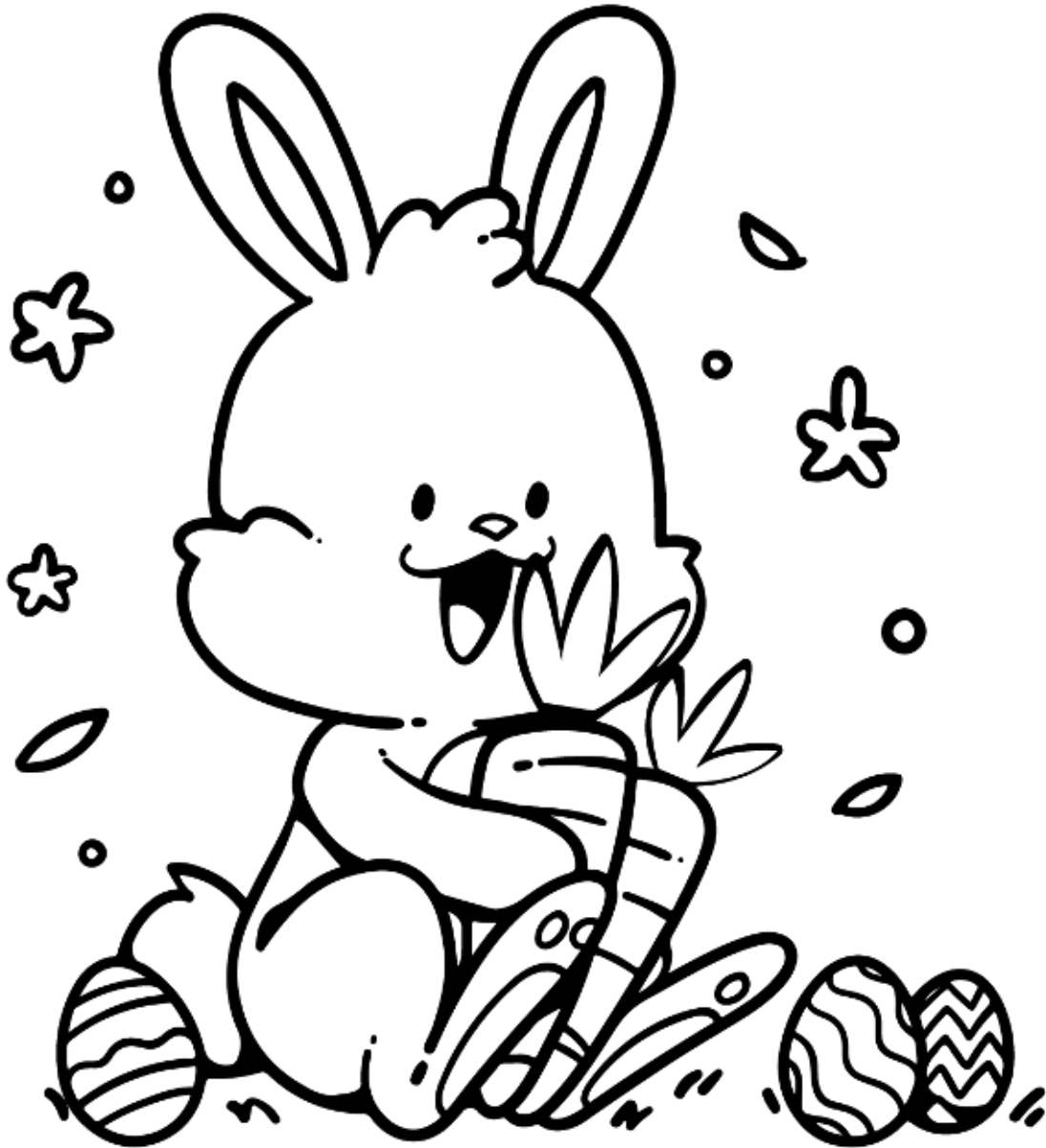


A healthy diet is good for your teeth.



**Reduce the amount and the frequency
of sugar you eat and drink to prevent tooth decay.**

Name: _____ Surname: _____ Age: _____

Parent/Guardian: _____ Email: _____ Mobile: _____