

WHAT IS COSMETIC DENTISTRY?

If you have discoloured, chipped, gapped, crooked or missing teeth, then this poor appearance can affect your self-confidence.

If you are embarrassed to smile because of the appearance of your teeth, then we can use a cosmetic dental technique to restore confidence in your smile. A beautiful smile can have numerous knock on effects in your self-confidence, self-esteem and personal relationships.



WHAT DOES TOOTH WHITENING INVOLVE?

Tooth whitening is a simple and highly effective way to lighten the natural colour of your teeth without removing any of the tooth's surface.

We use a special whitening gel in a very thin tray made to fit precisely over your teeth. The trays are so thin that you can still talk clearly whilst wearing them.

Whitening is very safe as the active ingredient of the gel breaks down into water and oxygen, and it's the oxygen that interacts with the tooth enamel effectively lightening the colour. The gel is used for an hour a day and good results usually take between two and three weeks.

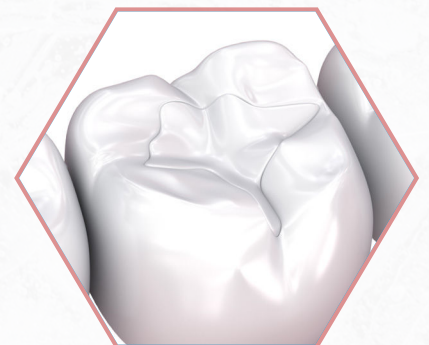
The treatment continues until you are happy with the appearance of your teeth.

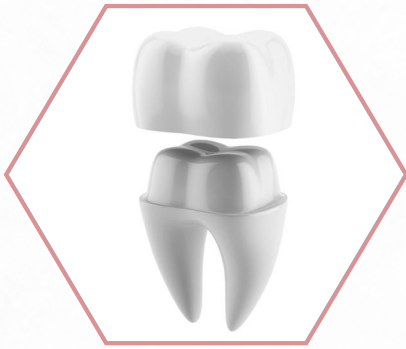
CAN I HAVE WHITE FILLINGS?

At Diamond Dental Care, we no longer use silver or amalgam fillings. We always use the latest and most up-to-date white filling materials which match the colour of your tooth. Modern materials are strong and long lasting, guaranteeing that you'll be amazed at how much better this makes your tooth look.

Once your filling reaches a certain size or if you break the corners or edges of your tooth, then we will recommend a crown (also known as a cap). This provides a long term solution to protect and strengthen your tooth.

Crowns can also be made to match the surrounding teeth and look great.





WHAT IS A CROWN?

When your tooth is badly broken or heavily filled we may need to use a crown to restore its appearance, function and strength. A crown replaces the outer part of a tooth. It fits over the remaining tooth structure and is bonded securely to your tooth.

Crowns are a long term answer to restore any of your teeth that are badly decayed, heavily filled or unsightly.

The procedure for making a crown involves shaping your tooth and then taking a scan of your teeth. No more horrible impressions!

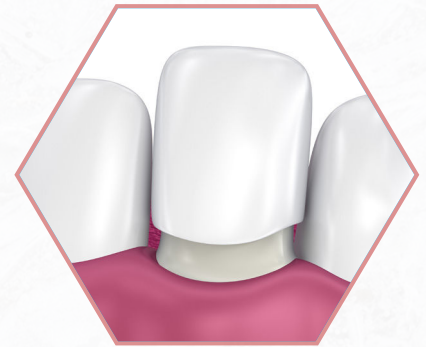
While your crown is being made we protect your tooth with a temporary crown that is easily removed before fitting the permanent one.

WHAT IS A VENEER?

Veneers are an ideal way of treating discoloured teeth, closing gaps between front teeth or repairing chips and cracks. Veneers are thin slices of porcelain made to precisely fit over the visible outer surface of front teeth. Porcelain veneers are strong and resistant to staining and require less tooth removal than crowns.

The procedure for making a veneer involves removing a small amount of enamel from the tooth and then taking an impression of your tooth. The scan is sent to our laboratory along with details of the colour to be used. The technician makes the veneer out of porcelain.

After we have prepared your teeth and are waiting for the veneers to be fitted, the teeth feel strange and a bit rough due to their exposed, buffed surfaces. They may also be a bit more sensitive to air, touch and hot and cold foods. Once the veneers are bonded to your teeth you will have a strong and cosmetically enhanced appearance that looks natural.



ARE THERE ANY ALTERNATIVES TO PORCELAIN VENEERS?

Sometimes white filling materials can be used to cover unsightly marks on teeth in a similar way to veneers. This can be a more cost-effective alternative than porcelain veneers. However this technique is not as strong and long-lasting as porcelain veneers and tends to require more maintenance to remove staining and repair small chips or breakages.

HOW CAN YOU FILL A GAP IN MY MOUTH?

If a tooth is missing or needs extraction there are several ways that we can fill the gap that is left. In some cases it is important to try to replace any missing teeth in order to balance the way your jaw bites. If you have several teeth missing, the remaining teeth are under more pressure often leading to broken fillings or even jaw problems. A partial denture is the simplest way to replace missing teeth. However some people find dentures uncomfortable and eventually decide to look at alternatives.



WHAT IS A BRIDGE?

Bridges are ideal if you don't like dentures or only have one or two teeth missing. Conventional bridges are made by crowning the teeth on either side of the gap and then attaching a false tooth in the middle. They are fixed in the same way as crowns. These bridges are usually made from porcelain material that is internally bonded to gold providing greater strength.



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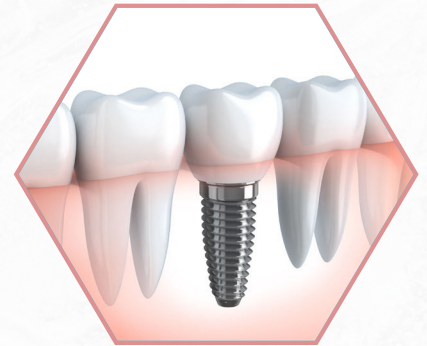
CAN IMPLANTS BE USED TO REPLACE MISSING TEETH?

Implants are an alternative to dentures or bridgework.

Implants are titanium rods which are surgically placed into the jawbone and act as anchors for fastening dentures, crowns and bridges onto.

Implants are a more expensive restorative option although in many situations, the cost of treatment is only slightly more than the cost of more conventional treatment such as bridges. Over the long term, implants are usually a more cost-effective and satisfactory option.

There are advantages to having an implant placed. Replacing a single tooth with an implant avoids the need to shave the teeth either side for crowns that will support the bridge. Normal dentures often mean that you can't eat or speak well due to the dentures moving about. Teeth attached to an implant solve this problem as they are anchored to the bone even more firmly than natural teeth, providing more stability.



CAN MY CROOKED OR TWISTED TEETH BE STRAIGHTENED?

At Diamond Dental Care & Implant Centre we can straighten teeth with braces or Invisalign

Teeth can be straightened with orthodontics (braces). This is usually done during teenage years when the teeth are going through a period of growth. However many adults also choose to have treatment to straighten their crooked teeth or to improve their appearance. Procedures involving adults can take much longer and is therefore more expensive.

For cosmetic reasons, clear or tooth coloured braces that are hardly noticeable can be used.

Diamond Dental Care & Implant Centre is dedicated to promoting a high standard of quality in both dentistry and customer care. We have created a relaxed and inviting environment for you to visit and a comfortable and enjoyable workplace for us to work in.

Our priority is to achieve and maintain your dental health. We take great care in helping you understand any treatment in terms of benefit to you as well as time and costs involved.

If there is anything that you wish to discuss with us, please call us on (07) 5477 0889. Alternatively you can send us a question by email from info@diamonddentalcare.com.au at any time.

We look forward to seeing you!

